THE MOBILE MENTAL HEALTH CRISIS RESPONSE PROGRAM IS A SERVICE PROVIDED BY:

Lakeland Mental Health Center, Inc. in collaboration with:
- Clay County Social Services
- Otter Tail County Human Services
- Wilkin County Family Services
- Productive Alternatives / Crisis Stabilization Unit
- Otter Tail County Adult Local Advisory Council
- Clay County Collaborative / Children’s Local Advisory Committee
- Otter Tail County Adult Local Advisory Council
- Clay County Adult Local Advisory Council
- The Village Family Service Center
- Blue Sky Inc.
- BCOW Adult Mental Health Initiative
- Prairie Community Services
- Solutions Behavioral Healthcare Professionals, Inc.
- MN Department of Human Services
- Lake Region Hospital (Fergus Falls, MN)
- Becker County (Comprehensive Crisis Response Program)
- Police Departments
- F-M Ambulance
- Moorhead Public Schools
- Ottertail County Social Services
- Wilkin County Social Services
- Moorhead Police Department
- Sanford Health
- Perham Emergency Department
- Lake Region Hospital

24 HOURS A DAY, 7 DAYS A WEEK
1.800.223.4512
Help for you on the phone or in-person

CALL US IF:
- An individual is experiencing out of control behaviors that places his/herself at risk of harming self or others
- An individual is expressing thoughts of suicide
- An individual is experiencing severe enough stress that results in a significant decline in daily and/or family functioning
- When you just don’t know what else to do

CALL 911 IF:
- An individual has attempted or is in immediate risk of attempting or completing suicide.
- An individual is in immediate risk for aggression, violence or has committed a crime.
- An individual is in need of medical attention.

Serving adults, children, and families in Clay, Otter Tail, & Wilkin Counties

24 HOURS A DAY, 7 DAYS A WEEK
1.800.223.4512
mobilecrisisresponse.org

Find us on Facebook — mobilemhcr
WHAT ARE MOBILE MENTAL HEALTH CRISIS SERVICES?

Mobile mental health services are short-term, on the phone or face-to-face services intended to restore a child’s, adult’s or family’s functioning level to where it was before the crisis occurred. Mobile mental health crisis response services offers youth, adults & families an opportunity to de-escalate a situation or problem in the least restrictive setting while also developing strategies to address any future safety concerns.

WHAT HAPPENS WHEN A MOBILE CRISIS TEAM IS DISPATCHED?

A team of two mental health crisis response staff members will travel to the site where the child, adult or family is located and will provide one or more of the following services:

- Face-to-face supportive listening
- Crisis assessment
- Development of a crisis treatment plan
- Stabilization services to help with person return to stable living (See next page for more information regarding stabilization services)
- Skills training to minimize future crisis
- Connection to ongoing support services and/or other community resources
- Coordination with current service providers

WHAT ARE STABILIZATION SERVICES?

- Short term, face-to-face individualized mental health services which may be provided up to 10 days following crisis intervention or a hospital discharge
- Preventative measure designed to restore the client to their prior level of functioning.

GOALS OF MOBILE MENTAL HEALTH CRISIS RESPONSE SERVICES:

- Reduce unnecessary hospitalizations
- Prevent a child, and/or adult from being removed from his/her home
- Help individuals stay connected to their ongoing services
- Connecting those to resources to help him/her get back to their regular level of functioning

WHO DO WE SERVE?

Any individual(s) located in Clay, Otter Tail & Wilkin Counties.

WHAT IS IT A CRISIS?

- When an individual is struggling with a stressful situation or event and is having trouble coping independently
- When an individual’s behavior becomes threatening to self and/or others.

COST

FREE! (If you have insurance, this may be billed- however, there will be no out-of-pocket costs thanks to a grant from the Minnesota Department of Human Services).